## Your Are Invited to A Night of Impact

Join us for an unforgettable evening of celebration and philanthropy.

The event promises to be filled with inspiration, good food, and the joy of coming together in community to support the work of breaking the cycle of generational social, material and spiritual poverty.

We look forward to sharing this remarkable night with you and expressing our gratitude for your generosity.

Online Registration is open now through Friday, April 26th.

urbanimpactseattle.org/impact



# URBANIMPACT

MY GIFT TOWARDS GOD'S WORK IN SOUTH SEATTLE

Yes Steve, I want to make sure every person in South Seattle has access to the programs and services they need to Thrive in 2024.

\$30 \$150

\$75 \$ to provide as much help as possible

# URBANIMPACT

Breaking Cycles, Building Hope

WINTER
NEWSLETTER
2024

# Welcome to 2024!



As we jump into this new year, we want to thank each and every one of you who supported, volunteered and came alongside Urban Impact in so many ways in 2023. Serving our community truly is relational.

At our Thrive event it was great to see old friend and make some new ones. And it gave us opportunity to say farewell to and celebrate our Founder Rev. Harvey Drake who retired from his role as President of Urban Impact. What a legacy he leaves behind!

Harvey's vision to address the complex realities of urban poverty and to imagine a world where everyone is engaged and thriving in community remains our foundation. Now it is our job to continue to create a culture of collaboration, unity and service.



**Look inside** to see what we have in store for 2024!



Harvey Drake passing the mic to Steve Bury at the Thrive 2023.

It's all about relationship.

#### **Economic Development**

As we step into the new year, we're excited about our new Principles course. This course leads into our Sharks program that feeds into our Thrive course.

**Principles** is a three week intensive course, training individuals from the full range and spectrum in how to understand what exactly a business system is, mind management, time stewardship, prioritization and effectively executing their business goals.

Sharks at the Beach is a 12 week Business

Incubator, training entrepreneurs from pre launch to launch. We emphasize target market identification, value creation, finances and pitch preparation. Consulting and coaching is provided to put action to the lessons. Our training culminates with an in person Pitch Event May 23, 2024 — with cash prizes for top placing businesses. Save the Date You don't want to miss it!

**Thrive** is a 6 month Business Accelerator, training existing businesses to grow and scale through, system integration, tax strategies, branding, digital marketing, sound mind enhancement, technical referrals for access to capital and more. Consulting and coaching is provided in this program as well.

For start dates and stories of those you have gone through our program, visit www.urbanimpactseattle.org/economic-development. If you know of anyone that would benefit from any of these courses, send them the link above or email us at econdev@urbanimpactseattle.org.

### Neighborhood Transformation



We are looking forward to 2024 as we continue to be on the ground, networking with churches and engaged in neighborhoods. Our goals are to address critical needs, help create solutions, and provide resources while further building hope for families and individuals in our community. It's a big task!

The Economic Development Team: VP Andre Benjamin, Mara

Palmer, Michelle Urrea and Jahleel Vester.

We are especially excited and thankful to the Lilly Endowment. We recently received a generous *Thriving Congregations* grant. This grant will allow us to hire additional staff to help in the training and establishment of more neighborhood ministries. Our current partnership in the Rainier Valley, the Central District and Tukwila neighborhoods are growing in size and reach.

We look forward to working with all of you in 2024. Please feel free to reach out to us with your questions. Together we will build healthy communities where everyone is engaged and thrives.

The Neighborhood Transformation Team: VP Jevon Washington, Emma Booker and Lynne Blessing. Not pictured, Tyra Griffin.

#### Health and Wellness — Building Healthy Communities

Since opening in 2005, it's been such a privilege to walk alongside so many in their health journeys. We've seen lives be transformed one step, one barbell, one encouraging word at a time.

In 2024 we are looking forward to:

- The RHF Barbell Club expanding to offer a second postpartum cohort in February.
- Expanding training services and offering more small group and 1:1 personal training sessions.
- Adding Self-Defense, Pilates and Cycling back into the group class schedule.

Our Dream for 2024, with added funds and staffing is to:

Offer childcare again and more youth programming!

We are especially grateful to all those who supported us through COVID and helped the gym weather the pandemic. We couldn't have done it without you!



VP Alicia Haskins and Marla zumFelde, out in the community promoting healthy lifestyles. To see the whole RHF team, go to www.rainierhealth.com/our-staff.

#### Youth and Family Outreach

We are excited about a new fiscal partnership in 2024 with the **Village Life Project**, headed by Rev. Dr. Martin L. Lawson. After overcoming many barriers, Martin dedicated his life to working for equity, justice and economic stability for individuals and communities that have been marginalized.

His Rite of Passage Program works with 14-16 year olds who meet weekly where they address spiritual issues, family, finances, education, entrepreneurship, purpose and so much more. Self-worth, healing, health and wellness are part of each meeting. The program ends with youth taking part of a Wisdom Ceremony. To learn more go to urbanimpactse-attle.org/youth-and-family.

The **King County Youth Chaplaincy** team and the youth they serve were hit hard by COVID. The team had restricted access to visit youth in facilities, group homes and treatment centers during the pandemic and this isolation took its toll on. With many of the restrictions finally lifted, the team is looking forward to:

- Walking anew with young people who are leaving detention centers and returning to their communities
- Reestablishing a consistent presence at group homes and all the youth they serve.



The King County Youth Chaplaincy team: Jon Abe, Durrell Green and Scott Hall.